

Liftline

The Official Newsletter of the Garden State Ski Club

GSSC CELEBRATES 40th ANNIVERSARY IN 1998

Do You Remember...

The GSSC will soon be celebrating 40 years of skiing. The club started out in the spring of 1958 by about 20 people, was formalized and incorporated into a non-profit social organization in October 1958. A Constitution was drawn up and the club was on its way. Some of the original founders are Paul Schirmecher, Chester Kreutzber, Art Kreuzberg, Don Challoner, Ellen Berdais, Bruce Kueller, Merrily Kueller, Alex Kueller, Bob Bossolt, Jerry Cain, Barbara Cain, Louis Tripido, Lorraine Tripido, Leonard Stern, and three or four more chicken farmers. Honorary members Ken Muller and the Brooks Brothers helped the club get started.

The first meeting was held upstairs at the Westwood Ford Dealer in Westwood. Their first president was either Don Challoner or Chester Kreutzberg. Thereafter, the club moved to the Old Mill Stream Bar in Paramus. Membership ranged in age from 16 to young adults, and grew to a great number of 40 members. Wally Reed joined with

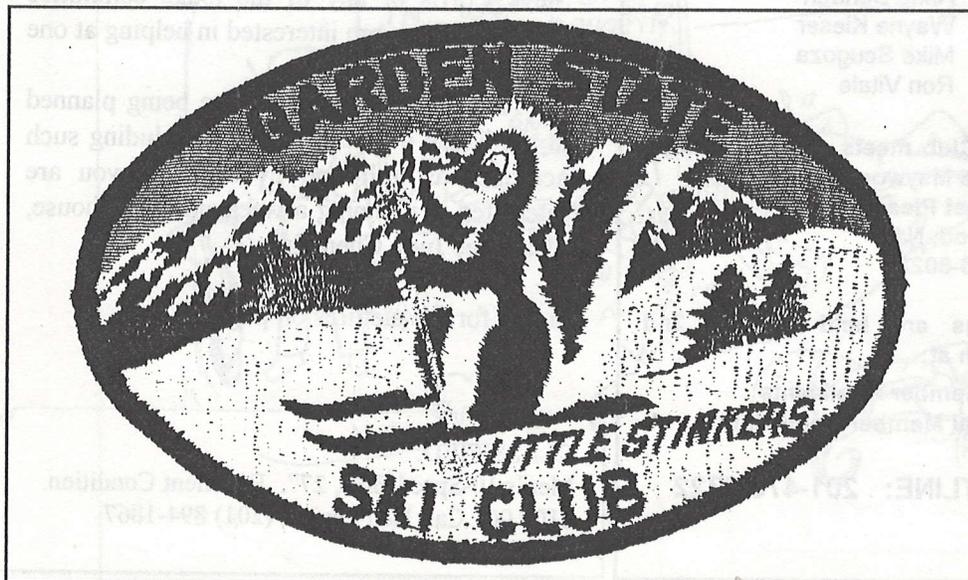
his wife in 1966, one of our oldest members chronologically.

Joy Daubengerger was president from 1961 to 1962 while Bob Bossolt was Vice President. In the late 60's, summer activities started with shore parties at private homes in Dover Township. In the winter of '64, the GSSC had its own Ski Patrol with Jimmy Carter, Bob Boswell, and Rick Single.

In 1966, the Constitution was rewritten and by-laws were drawn up. The Roberts Rule of orders was incorporated. In '68, water ski races hosted by GSSC for the Ski Council were held at Greenwood Lake and down at the shore. Thereafter, different ski clubs would take turns hosting this event each summer.

Also in '68, GSSC got their first Lodge in the mountains with committee person Bob Welgos as coordinator. Social activities were developed during the following summer season. Softball games and picnics were started, but not as organized and planned as we have today. Golf outings started down at the shore.

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GARDEN STATE SKI CLUB OFFICERS

President	Dennis Young	487-0485
Ski V.P.	Laurie Schwarcz	340-0255
Lodge V.P.	Steve Corris	872-1050
Social V.P.	Jean Meyer	489-5521
Secretary	Peggy Vesper	896-0608
Treasurer	Ron Lichtman	794-0085
Senior Del.	Pat Braun	777-8673
Junior Del.	Bob Janney	343-7981

COMMITTEES**SKI:**

Bus Trips	Laurie Schwarcz Lew Strauss
Cross Country	Ron Vitale
Instruction	Ray Owens
Racing	Todd Brentnall Mike Burney
Ski Tickets	tba
Snow Reports	tba
NJSC Liaison	Fred Hotz

VERMONT SKI HOUSE:

(Phone: 802-733-9717)

Reservations	Judy Chernofsky
Work Weekends	Steve Corris

ADMINISTRATION:

Welcoming	Ed Ellis
Orientation	tba
Membership	June Sternfels
Database Mgt.	Bob Gimpel
Parliamentarian	Stan Sharaga

LIFTLINE:

Editor	Susan Amdur
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SOCIAL:

Barbecue	Cameron Blaikie Jean Meyer
Tennis	Anne Benagh
Golf	Wayne Kieser
Hike	Mike Scugoza
Bike	Ron Vitale

The Garden State Ski Club meets every Tuesday at

8:30 pm at: Victor's Maywood Inn
124 West Pleasant Ave.
Maywood, NJ
201-843-8022

Membership Meetings are held on the 2nd
Tuesday of each month at:

7:15 pm – Regular Member Applicants
7:30 pm – Provisional Member Applicants

MEMBERSHIP HOTLINE: 201-478-8722**This Old House**

A work weekend was held at the Vermont house on May 17 - 18, 1997. Many new improvements are being made on the house with the help of people such as Steve Corris, Judy Chernofsky, Joe Bilello, Bob Mosher, Todd Brentnall, Sharon Scarnecchia, and Maureen Lent.

Room 6 and its bathroom have been gutted. A new bathroom is being built as well as a large, second floor sleeping loft. This will eliminate the need for bunkbeds in this room. The room has been partially reframed with more work planned for this room during the summer.

New insulation is being added to the walls separating Room 6 from Rooms 5, 7 and 9. The sheetrock walls have been rebuilt in the latter three rooms and now only need repainting.

All meals were provided, with Judy Chernofsky doing the cooking. Meals included grilled chicken and steak with fresh corn-on-the-cob on Saturday night. Dessert of warm pie with ice cream, served around the fire in the living room, was followed on Sunday morning by Judy's homemade pancakes.

The next work weekends are scheduled for July 12 - 13 and July 25 - 26, 1997. Please see Steve Corris or any of the lodge committee members if you are interested in helping at one of these weekends.

Also, several weekends are being planned at the house over the summer, including such activities as golf and cycling. If you are interested in planning a weekend at the house, please see Judy Chenofsky.

(Look for the pictures on page 6!)

CLASSIFIED:

Men's 10-Speed Bike, 27". Excellent Condition.
 \$100.00. Call Ken Levins, (201) 894-1867



GSSC SKI NEWS

Club Awards Announced at Annual GSSC Banquet

Ms. Garden State.....	Dot Kruckmeyer
Mr. Garden State.....	Steve Corris
Done the Most for GSSC.....	Dennis Young
Most Improved Female Skier.....	Pat Young
Most Improved Male Skier.....	Dennis Young
Club Wit.....	Todd Brentnall
Club Snake.....	Bob Gimpel
Club Party Animal.....	Steve Willcoxon
Most Congenial (tie).....	Joanne Fromm
	Mike Tillman
Best Committee.....	Racing

Skier faces charges in fatal collision at Vail

DENVER- A ski resort employee involved in a deadly collision on a slope in Vail faces criminal charges in the death of a beginning skier.

Nathan Hall, 18, a ski racer in high school, had just finished work as a lift operator April 20 and was headed down one of the mountain's main slopes when he collided with Alan Cobb, 33, who was working his way down an intermediate slope with his fiancée.

Cobb, a cabinetmaker and native of England, moved to Denver eight months ago from Texas. An autopsy showed that Cobb died of a fracture at the base of his skull.

Witnesses said Hall was going too fast and appeared to be skiing recklessly, said Eagle County Sheriff's Detective Mike McWilliam. "Somehow the two of them collided. I'm not sure if their heads hit or if it was a ski," McWilliam said.

Hall, who suffered facial injuries, was arrested April 20 on suspicion of manslaughter and released on bond. Prosecutors are considering two charges against Hall: manslaughter or criminally negligent homicide.

Only one other skier has ever been prosecuted for a fellow skier's death in Colorado.

A speeding Skier "is a weapon, too," said District Attorney Pete Michaelson.

A sincere thank you is extended to all of last year's Board members for their hard work and dedication to the GSSC!

President - Dennis Young

Ski V.P. - Bruce Fisher

House V.P. - Steve Corris

Social V.P. - Isabella Micheels

Secretary - Pat Braun

Treasurer - MaryAnn Laskay

Senior Delegate - Rob Sinclair

Junior Delegate - Imran Rana



(Continued from page 1)

In the early 70's, meetings were held at King Arthurs in Hackensack. They moved to the Washington Inn in Washington Township as membership increased to a huge 130. BBQ's were held in backyards of members like Denyse Salmon's house, Sam Raymond's and Ruth Donato's. People would bring various dishes. The fee then was only \$3 for beer, wine and soda.

In the 70's, summer parties were at the shore. A house was rented at 301 Woodland Avenue in Avon-by-the-Sea. This drew a huge crowd for the pig roast, clam bakes, and turkey roasts. The members also dressed up for occasions such as tree trimming for Christmas in July with a parade to follow. These kind of parties went down in history and are still talked about today. Anyone remember?

In 1976 to 1978, the club rented a house for the season in Bromley on Magic Mountain, Londondary, Vermont. While membership was about 100, almost half the club stayed there. Interest was so strong that the

club rented two houses during Stan Sharaga's term and still profited. Weekend bus trips were more prevalent then. Soon, thereafter, daily bus trips started to provide more diversity and covered more slopes. At the present time our club offers both.

In the early years, our Club identified with a patch as did most of the ski areas. GSSC identified with "Lil Stinkers", a picture of a skunk on skis. Have those "lil stinkers" grown up yet?

To invite people to join our club, fund raisers, cocktail parties, and ski fashion shows were held. The club also advertised at the Ski Jamboree. Skiing then was only done by a few. It was not nearly as advertised as it is today. And, it was much more dominated by males. Women have since entered the sport of skiing in great force.

Back in '68, our first lodge was rented halfway between Sugarbush and Killington. Today we own our present lodge, acquired in '84 in Pittsford,

Vermont. It has only been upgraded last year, but continuous improvements are being made due to a new house committee and energetic volunteers.

Many thanks to those who took the time to reminisce — Denyse Salmon, Stan Sharaga, and Bob Bossolt.

Isabella Micheels

Presidents of the GSSC

- Dennis Young
- Rob Sinclair
- John Friscia
- Jim Fitzpatrick
- Harvey Kunz
- Fred Hotz
- Rich Buffa
- Stan Sharaga
- Lori Lowry
- Mike Sisti
- Sam Raymond
- Russ Stefani
- Regi Alicia
- Hugo Lopez
- Bob Bossolt
- Ann Smith
- Peter Lucaturto
- Jack Thompson
- Bob Welgas
- Tom Cafone
- John Mazza
- Paul Schirmacher
- Chester Kreutzberg
- Don Challoner
- Joy Daubenberger
- Jerry Cain

Some are remembered below for their accomplishments:

Stan Sharaga started the **Membership Hotline.**

Dennis Young started the **Web Page.**

Rob Sinclair started **lodge renovation.**

Harvey Kunz started **RATDOGS.**



What do GSSC members do when they're not skiing? If they're Dennis Young and Bob Gimpel, they're enjoying their vacation in Key West!



SOCIAL NEWS

Camping/Canoe Trip

June 20-22, 1997
 Contact Rob Sinclair
 for information

Sailing

June 29, 1997
 Contact Cynthia Soma
 for details

Summer Olympics

August 16, 1997
 Hewitt/Upper
 Greenwood Lake
 (at Isabella Micheel's house)
 Contact Tony Scott

Golf Outings

July 4 - 6, 1997
 Golf Weekend at the
 Vermont House
 Contact Judy Chernofsky

July 11 - 13, 1997
 Pocono Manor
 Golf Outing
 Contact Wayne Kieser

August 22 - 23, 1997
 Golf Weekend at the
 Vermont House
 Contact Wayne Kieser or
 John Friscia

BBQs

Anderson Field:
 June 24 1997
 July 8, 1997

August dates to be
 announced

Bob Gimpel's House:
 July 18, 1997

See Jean Meyer to volunteer to
 help with set-up, cooking,
 shopping, desserts,
 and, especially, clean up

R.A.T.D.O.G.S.

Every Thursday from
 6:00 p.m. to 8:00 p.m.
 at the Tennis Center at
 Van Saun Park, Paramus
 Contact Ed Ellis for details

UPCOMING EVENT

Bike Trip

Labor Day Weekend
 at the Vermont House
 Details to be announced.



If you did not attend the Annual Banquet on May 9, 1997, you did not experience the GSSC's own "Village People"; l to r, Dennis Young, Kevin Feehan, Guy Boggio, Al Scardino, Rich Bellucci, Bob Gimpel

WORK WEEKEND
VERMONT HOUSE
MAY 1997



SUNSHINE

Wedding bells will soon be ringing for Tony Scott, our Summer Olympics organizer. He will be getting married on July 6, 1997 in Tampa. The bride-to-be is from Florida.

I would like to thank everyone who expressed their comfort and understanding on the passing of my husband, Chuck Johnson, on May 3rd. Your thoughts and kind words are very much appreciated.

Barbara M. Johnson

Donations can be made in Chuck Johnson's name to one of the following:

- | | |
|--------------------------|------------------------------|
| Passaic Valley Hospice | Fallon Educational Center |
| 783 N. Riverview Drive | c/o Wayne Board of Education |
| Totowa, New Jersey 07512 | 51 Clifford Drive |
| | Wayne, New Jersey 07470 |

Please signify that the donation is being made in memory of Chuck Johnson

RAINY DAYS

Dog Days of April

My name is Hans Weimaraner
 I live in Sugarbush Vermont
 I have a buddy named Solo
 We enjoy visiting with our New Jersey friends
 Who come to frolic in our snow.

They have a special day
 They call it the "Double Combined"
 It's usually in March when the ground is frozen
 But this year it was in April
 For their men and women.

The snow was mushy that day on the course
 Like mashed potatoes you might say
 But no one seemed to take notice
 As they mastered the curves and ruts
 So that no one would call them "Whuss".

Meanwhile my buddy and I are just waiting
 To greet them apres ski
 Just passing time in the thawed tundra
 Running between the parked cars
 Having the time of our lives.

We finally see them approaching
 Making the long trek across the lot
 It was funny to see them maneuver with just
 two legs
 With their ski gear and such
 While squishing through the goeey mess
 We could see it created a lot of stress.

One man was of particular note
 As he encouraged his passengers forward
 He came armed with a wad of newspapers
 To coat the floors of his vehicle
 So as not to get the mud all over.

His meticulousness was easy to see
 As he lay down the papers in just the right spots
 To cover the floor and the spaces between
 He noticed us approaching and showed some
 doubt
 But our owner assured him "there was nothing to
 worry about".

She said that "we were good mates"
 So he completed his mission
 Making the final preparations for the entry of
 his guests
 With all doors wide open
 He put his last few articles in the trunk.

I could see that the coast was clear for me to
 make my move
 I jumped into the front seat
 Then leaped over the gear stick to the back
 Aren't we going for a ride? I said imploringly
 As I gazed upon him through the rear view
 window.

His eyes were the size of saucers
 While his friends, Kathy Rhinesmith, Jane
 Bobansky,
 And Joan Most were aghast
 He finally closed his gapping jaw
 As he realized it was over fast.

I got the impression that we weren't going any-
 where soon
 So I hopped out the open back door
 I heard my master expressing her sincere
 apologies
 While I took one more last glance
 At the pattern of muddy paw prints I had left
 behind.

As the leash was placed upon my collar
 I felt a twinge of sadness
 As my freedom was becoming nil
 But then I remembered that
 These were just the "Dog Days of April".

Pat Levins
 May 1997

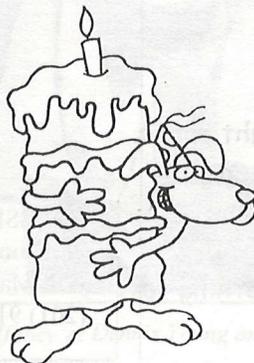


CLASSIFIED:
 Part-time job wanted. M - Th, 6 pm to 9 or 10pm.
 Call Maria Rivara, (201) 278-7051 (h);
 (201) 916-2631 (w).

HAPPY BIRTHDAY TO ALL!!

(August and September Babies)

Linda H. Wells	Aug. 1	Lou Cizek	Sept. 1
Linda Castronovo	Aug. 1	Margaret Leonessa	Sept. 2
Ken Tursiella	Aug. 2	Joanne Peterson	Sept. 4
Mike Kessler	Aug. 2	Nancy Smorzinski	Sept. 4
Bruce Babcock	Aug. 3	Ed Calem	Sept. 4
Kathy Visich	Aug. 3	John Andryszewski	Sept. 4
Vivien Urbassik	Aug. 3	Janette M. Selino	Sept. 4
Mary Barber	Aug. 4	Jean C. Meyer	Sept. 4
Ron LeVine	Aug. 4	Roberta Campi	Sept. 5
Eugene Paolillo	Aug. 6	Diane Trembicki	Sept. 6
Denyse Salmon	Aug. 6	Richard Taylor	Sept. 6
Seymour Berkowitz	Aug. 7	Barbara Lipert	Sept. 8
Michael Minasian	Aug. 7	Jan E. Fisher	Sept. 8
Lew Strauss	Aug. 7	Richard Gianandrea	Sept. 10
Terry Bellucci	Aug. 8	Wayne Kieser	Sept. 11
Kim A. Tursiella	Aug. 9	Walter Sohigian	Sept. 11
Ray Owens	Aug. 9	Will "Woody" Hood	Sept. 13
Nancy Asdal	Aug. 10	Neil Marcus	Sept. 13
Mitchell Stachowicz	Aug. 11	Barbara Erben	Sept. 19
Nancy Kaetz-Blatt	Aug. 15	Louise Quindazzi	Sept. 19
Stanley Bruckner	Aug. 15	Lynn Zamparo	Sept. 20
Carla Vogel	Aug. 16	Denise Mehlman	Sept. 20
Laurie Degerdon	Aug. 17	Donna Marie Morgello	Sept. 21
Margaret O'Brien	Aug. 17	Kim Owen Bayoumi	Sept. 22
Nancy Smith	Aug. 17	Kimberly A. Job	Sept. 23
Maureen Lent	Aug. 18	Joan Stefanelli	Sept. 27
Mandy Turchen	Aug. 18	Susan Ratti	Sept. 27
Frank L. Ferko, Jr.	Aug. 18	Thomas Mulvihill	Sept. 27
Cosmo Cuocci	Aug. 19	Nancy Guren	Sept. 27
Joy Daubenberger	Aug. 20	Ken Levins	Sept. 28
Joseph Vespoli	Aug. 21	Gerard A. Losgar	Sept. 28
Linda Johnson	Aug. 22	Lorraine Sisko Marino	Sept. 28
Karen Cartier	Aug. 23	Kathy Melody-Murante	Sept. 28
Cy Francus	Aug. 23	Theresa Hartmann	Sept. 29
Rick Lazar	Aug. 23	Mike (Weaver) Lindsay	Sept. 29
Gerri Kuhn	Aug. 24	Rosalinda Armentano	Sept. 30
Pat Young	Aug. 24	Bob Gimpel	Sept. 30
Agnes Joyce	Aug. 25		
Raymond T. Parker	Aug. 25		
Barbara Schwerin Bohus	Aug. 26		
Louise Hood	Aug. 27		
Robert J. Bossolt	Aug. 29		
Cathy Corbett	Aug. 30		
Lois Gerber	Aug. 30		
George S. Story, Jr.	Aug. 30		
Gerardo Diaz, Jr.	Aug. 31		
Marla Biss	Sept. 1		
Vincent Rovito	Sept. 1		



Word Game

Can you translate these common phrases?

LIP
Tiptoe
LIP

ECNALG

|R|E|A|D|I|N|G|

I Right I

RASINGINGIN

SWEARING

BIBLE
BIBLE
BIBLE
BIBLE
BIBLE

Swearing on a stack of bibles
Singing in the rain
Right between the eyes
Reading between the lines
A backward glance
Tiptoe through the two lips

Answers (top to bottom)





Nutrition Notes...

Some of us were feeling this way on our bicycle trip in Kingston! Would you like to have more energy to take those hills (without walking) and not feel stiff and sore after the trip? Sounds good, doesn't it?

It's simple! Eat carbohydrates, drink fluids and ride more often. The more you ride, the more fuel your body can store in the muscles. If you run out of fuel, you will "hit the wall" and be unable to continue. The fuel, glycogen, is made from carbohydrates, not from protein or fats. Therefore, before you go out, have a high carbohydrate meal. Forget those high fat breakfasts of eggs, bacon and sausage! You will have more energy if you choose cereals, toast with jelly, fruit and maybe pancakes with syrup. Eat large meals 2-4 hours before or snacks 1/2 to 1 hour before.

Believe it or not, it is just as important what you eat after you exercise to replenish the fuel in your muscles. Juice

is good, a good carbohydrate immediately after, and then some other carbohydrate-rich, low-fat choices, such as vegetables, fruits and a turkey sandwich.

Fluids are also very important for your performance. The rule of thumb is drink before you are thirsty. Drink before, during and after exercise. For the first 60-90 minutes of strenuous exercise, water is the best choice. After that, juices, soft drinks and sports drinks can be used to give more stamina and endurance. Gatorade or PowerAde can be used.

After the exercise, drink 2-3 large glasses of water to quench thirst. Eat carbohydrates to fill your stomach, and refuel your muscles. Then you can party!

Remember - eat carbo's, drink fluids, and get out there and cycle, jog, play tennis - or whatever!!

*Karen Curley, RD, CDN, FADA
Nutritionist*



WHO'S WHO

Ed Ellis, the curly-head computer programmer, has been a dedicated member for five years. He occupies his chair and desk at every meeting and welcomes people right at the entrance. Mr. Ellis is in charge of the RATDOGS tennis at Van Saun Park for the third season. Liking tennis, cycling, skiing, and swimming, Ed feels the GSSC is a good place to meet people who do a lot of things.

Bob Janney, our new Junior Delegate, has been with the club for eight years. A long-time bachelor and computer consultant in Long Island, Bob enjoys flying and is interested in scuba diving, motor-cycling and, of course, skiing. He

has served on the house and BBQ committees.

Donna Ahman, an English teacher in the Hasbrouck Heights school system and at Fairleigh Dickinson University, is also a longtime tennis instructor. Besides tutoring, she volunteers time for tennis lessons for RATDOGS. A member for many years, Donna loves to read and travel second to skiing and tennis.

Pat Braun, our outgoing secretary for two and a third terms, has worked very hard and gives much of her time to GSSC! She not only volunteers her work for

the club but also to the Hackensack Hospital Hospice Volunteers. Pat is a tour guide and a school social worker. She loves to go biking, cross-country skiing and watch movies.

Peggy Vesper, our new incoming secretary, is rather new to our club. A super nice person, Peggy has been actively involved in the BBQs. Since becoming a member her tennis has improved a great deal. Ms. Vesper works at Bloomingdales in New York City. Peggy likes tennis, cycling, and both down hill and cross-country skiing.

Isabella Micheels

WELCOME TO OUR NEW MEMBERS...

REGULAR MEMBERS *

April

Seymour Berkowitz Carolyn Coriano
Kathy Visich Rich Morrow
Carol Santarpia

PROVISIONAL MEMBERS *

April

Monique Anastasio Margaret Lesica
Michelle Goldmunz Tracey Perrine
Carol Khoury Patty Waltkie

* At press time, the May and June new member names and all phone numbers were unavailable for inclusion in this listing. The next issue of the *Lifeline* will include all names and numbers.

This is a list of those names that are not listed in the club directory. The section can be cut out and taped, stapled, or glued into your directory.

This information is published exclusively for Club business and personal use by members only.

It is not to be given to other individuals or used for commercial solicitations.

REGULAR MEMBERS

Seymour Berkowitz 000-000-0000
Kathy Visich 000-000-0000
Carol Santarpia 000-000-0000
Carolyn Coriano 000-000-0000
Rich Morrow 000-000-0000

PROVISIONAL MEMBERS

Carol Khoury 000-000-0000
Patty Waltkie 000-000-0000
Monique Anastasio 000-000-0000
Tracey Perrine 000-000-0000
Michelle Goldmunz 000-000-0000
Margaret Lesica 000-000-0000

June Bodansky 201-461-5723*
Rosanne Masone 201-283-0180*

*Corrections from the last issue of the *Lifeline*.

