

Liftline

The Official Newsletter of the Garden State Ski Club

HALLOWEEN PARTY ATTRACTS GHOULS, GHOSTS, & GOBLINS



This year's Halloween Party on October 31, 1997 proved to be another great success thanks to Jean Meyer and her hard-working committee members. The Midland Park firehouse was host to everything from indians to dalmations to pirates to vampires. As always, the costumes were creative and quite varied and unusual. The buffet included many delicious choices. DJ Scott provided a wide variety of music that kept everyone dancing the entire night!



Picture courtesy of Diane LaGreca

(more Halloween pictures inside...)

Many plans have been made for
ski vacations, bus trips, racing,
instruction, etc., etc., for the
1997-1998 ski season.
Look inside for information
on all of these and more!

GARDEN STATE SKI CLUB OFFICERS

President	Dennis Young	487-0485
Ski V.P.	Laurie Schwarcz	340-0255
Lodge V.P.	Steve Corris	872-1050
Social V.P.	Jean Meyer	489-5521
Secretary	Peggy Vesper	896-0608
Treasurer	Ron Lichtman	794-0085
Senior Del.	Pat Braun	777-8673
Junior Del.	Bob Janney	343-7981

COMMITTEES**SKI:**

Bus Trips	Bruce Fisher
	Imran Rana
Cross Country	Ron Vitale
Instruction	Ray Owens
Racing	Mike Burney
Ski Tickets	Laura Barber
Snow Reports	Cliff Broder
NJSC Liaison	Fred Hotz

VERMONT SKI HOUSE

(Phone: 802-733-9717)

LODGE COMMITTEE:

Judy Chernofsky	Anne Benagh
Steve Corris	Bob Bossolt
Bill Murrell	Fred Hotz

ADMINISTRATION:

Welcoming	Ed Ellis
Orientation	tbd
Membership	tbd
Database Mgt.	Bob Gimpel
Parliamentarian	Stan Sharaga

LIFTLINE:

Editor	Susan Amdur
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SOCIAL:

Barbecue	Jean Meyer
	Cameron Blaikie
Tennis	Rob Sinclair
Golf	Wayne Kieser
Hike	Mike Scugoza
Bike	Ron Vitale

The Garden State Ski Club meets every Tuesday at

8:30 pm at: Victor's Maywood Inn
124 West Pleasant Ave.
Maywood, NJ
201-843-8022

Membership Meetings are held on the 2nd
Tuesday of each month at:

7:30 pm – Regular Member Applicants
7:15 pm – Provisional Member Applicants

MEMBERSHIP HOTLINE: 201-478-8722**VERMONT HOUSE UPDATE****Burglar Alarm Installed**

Due to another break in this summer an alarm system has been installed. We have a central station dial-in as well as a loud noise. The system is state of the art and will detect low heat, motion, and glass breakage. The system can be accessed via the telephone for activation and checking. This will prevent unauthorized access to our house and will prevent damage from freeze-up due to heating system failure.

What this means to you as a Vermont House User is that you **must make a reservation** for all of the days that you will be using the house. If you decide to extend your stay while you are in Vermont, you must inform the lodge committee member designated on the bed assignment sheet so that they can disable the alarm. When you are the last person to leave the house be sure that all of the doors and windows are shut and locked. Double lock the front door. Be sure the heat controls are set as stated below.

As a general rule, the alarm will be deactivated by noon on the day that someone has a reservation to stay at the house. It will be activated by 10:00 P.M. in the evening on Sunday or the day after the last person has a reservation to stay in the house.

Heat Controls have Changed

You will notice that the living room, Room 1, and Room 8 now have two thermostats, one labeled 'H' and the other labeled 'L'. When the house is occupied the 'L' and the 'H' should be set to a comfortable temperature, 68 is recommended. The last person to leave the house should set the 'L' at 55 and the 'H' at 68.

Smoke Alarms

The smoke alarms that are installed are connected to the electric wiring in the house and should not be touched. Removal of the cover will not stop the ringing as there is no battery to remove. Any battery in the smoke alarm is for

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GSSC SKI NEWS

SKI TRIPS PLANNED FOR 1997-1998 SEASON!

*** MOUNT TREMBLANT**

Quebec, Canada
December 13 to 19, 1997
Contact: Wayne Kieser

*** LAKE TAHOE**

Ski Heavenly, Kirkwood, Alpine Meadows, Sierra at Tahoe, Squaw Valley, and Northstar
Jan. 31 to Feb. 7, 1998
Contact: Wayne Kieser

*** BANFF, CANADA**

New Jersey Ski Council
February 1998
Contact: Margaret O'Brien

BIG SKY

February 1998
Contact: Fred Hotz for info.

ASPEN, CO

Feb. 7 to Feb. 14, 1998
Contact: Fred Hotz for info.

*** LAKE PLACID, NY**

Feb. 14 to Feb. 16
President's Weekend
Contact: Guy Boggio or Bob Gimpel

*** CRESTED BUTTE, CO**

Feb. 28 to March 7, 1998
Contact: Wayne Kieser

SOLL, AUSTRIA

Mar. 6 to Mar. 14, 1998
Contact: Carol Storms

ASPEN, CO

Feb. 7 to Feb. 14, 1998
Contact: Fred Hotz

*** LAPLAND LAKE, NY**

Cross-Country Skiing!
March 6 to March 8, 1998
Contact: Ron Vitale

ALASKA

Mt. Aleskaya
March 15 to March 22, 1998
Contact: Fred Hotz

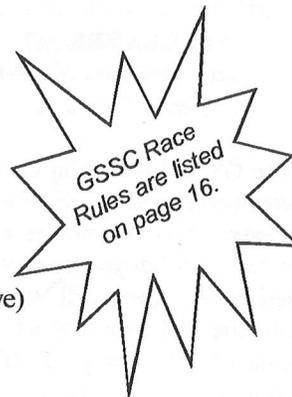
* indicates a club-sponsored trip that qualifies for membership requirements

1998 BUS TRIPS

#1	January 10	Saturday	Belleayre Mountain	(Race #1)
#2	January 24	Saturday	Mt. Snow	
#3	February 1	Sunday	Montage	
#4	February 28	Saturday	Plattekill	(Race #6)
#5	March 8	Sunday	Elk Mt.	
#6	March 15	Sunday	Scotch Valley	(Race #8)
#7	March 28	Saturday	Windham	

1998 CLUB RACES

#1	January 10	Saturday	Belleayre	(Bus Trip)
#2	January 17	Saturday	Killington	
#3	January 29	Thursday	Sterling Forest	
#4	February 8	Sunday	Pico	
#5	February 12	Thursday	Sterling Forest	
#6	February 28	Saturday	Plattekill	(Bus Trip)
#7	March 7	Saturday	Sugarbush	
#8	March 15	Sunday	Scotch Valley	(Bus Trip)
#9	March 21	Saturday	Hunter (President's Race)	



Race Instruction: January 31 & February 1 at Hidden Valley (tentative)

State Race: February 7, Saturday, at Pico

Double Combined: April 4, Saturday, Sugarbush

Wednesday Night Ski Council Series at Hidden Valley (\$15 Lift):

1/7 - GS; 1/14 - S; 1/21 - GS; 1/28 - S; 2/4 - GS; 2/11 - S; 2/28 - Consolation
(S - Slalom; GS - Giant Slalom)

So, you say you want to learn to ski, improve your skiing, become a racer, or try snowboarding? Check out the activities below for the one that fits your needs.

New Jersey Ski Council Instruction Programs
December 6 & 7, 1997 at the Windham Ski Area

(1) TUNE-UP

Sat., Dec. 6 (one day only) - for advanced beginner skiers or better. \$60 per day includes all day lessons and lift ticket.

NOTE: If there is enough interest from at least 15 people (from all NJ Council clubs), this will be offered on Sunday as well. Check below if you are interested.

(2) RACE CAMP

Sat. & Sun., Dec. 6 & 7 (two days) - racing skills, techniques and gate training as well as skiing skills. Fun and adventurous way to improve your skiing while learning racing techniques. \$135 for 2-day clinic.

(3) INTRO. TO SNOWBOARDING

Sun., Dec. 7 (one day) - 1/2 day for group lesson, lift ticket and equipment for \$45.00. Includes limited area lift ticket for all day.

NOTE: GSSC instructors will also be at Windham this weekend learning techniques to bring students past their fears. They will be staying at the Windham Arms. If we get a large enough group and a **coordinator**, a group dinner and party can be arranged for Saturday night. Please indicate your interest below.

Remit check payable to GSSC and this application to **Pat Braun** to sign up for the program(s) of your choice:

NAME _____ TELEPHONE NO. _____

(1) Tune Up: \$ _____ amount paid (\$60).
Check here if you're interested in Sunday lesson: _____

(2) Race Clinic: \$ _____ amount paid (\$135)

(3) Intro. to Snowboarding: \$ _____ amount paid (\$45)

Check here if you're interested in a group dinner Sat. night _____
Check here if you want to help coordinate a group dinner _____

Skiing Ability
(check one)

- green trails* _____
- blue trails _____
- black trails _____
- double black _____

(*you should be able to make strong wedge turns)

INSTRUCTION DAY AT BELLEAYRE MT.
Date: January 3, 1998
Time: 9:00 a.m.

The GSSC Instruction Committee is conducting a ski instruction day at Belleayre, NY. If you are a beginner, they'll teach you how; if you've skied before, they will refine your technique and help you advance to the next level. Get a full day of ski instruction for the price of a lift ticket! Beat the rush for instruction on the first bus trip and get a leg up on the ski season.

The instruction will be provided by ASIA certified club instructors and is FREE! The day will consist of 2 two-hour lessons, 9:30-11:30 and 1:00-3:00. **Pre-register** at one of the ski club meetings.

PRE-REGISTRATION IS REQUIRED FOR THIS PROGRAM, NO EXCEPTIONS.

Contact Ray Owens at the meetings or call (201) 986-1156 (h), (973) 408-8498 (w).

INSTRUCTION NOTE

If you can't make it to the bus trips or to the Instruction Day on January 3, you may still be able to get instruction. If you and 2 of your friends (min. 3) would like instruction in the evening or on a weekend, let me know and we will try to accomodate your group. **All** must be club members and **1** week's notice must be given. Please remember that instructors volunteer their time and may not always be available to assist you or accomodate your group.

Ray Owens
Chairman
GSSC Instruction Committee



SOCIAL NEWS

NEW MEMBER BRUNCH

Sunday
November 23, 1997
12 Noon
Glen Rock Inn
222 Rock Road
Glen Rock, NJ
\$17.00

All Members are invited
to welcome the club's
new members!

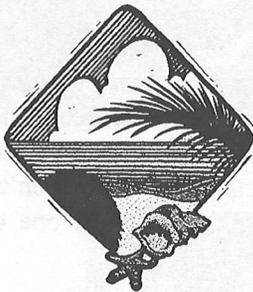
SNOW BALL

Friday
December 5, 1997
6:30 p.m.
Ondine's
Closter, NJ
Contact Pat Young at
(201) 487-0485 for
more details.

Come to this annual
event and help kick off
the new ski season!

GSSC AUCTION

Tuesday
December 16, 1997
8:30 p.m.
Maywood Inn
Help make this year's
auction the best ever!
Contact Bob Janney at
(201) 343-7981 to
donate goods or
services or to help
with planning and orga-
nization of the event.



Summer Shore House Update

CALLING ALL BEACH BUMS!!!

Last issue, we asked any club members interested in going in on a house at the Jersey shore for the summer of '98 to let themselves be known. Well, 23 people have expressed interest so far. Members Doug Olsen and Pat Braun have embarked on a search and have met with numerous realtors to date. At present, it looks like the Summer of '98 will be spent in either Bradley Beach, Avon, or Spring Lake.

As we near December, when the final decision of what to rent will have to be made, it is important that we know just how many people will be wanting to rent a week, several weekends (in the form of shares), or perhaps the whole summer (hey, some people have lives of leisure!!!), so that we can rent a house that can accomodate all those interested.

If you are planning to get in on the fun and have not ALREADY signed up, contact Doug Olsen at (914) 357-9355 or Pat Braun at (973) 777-8673 no later than **December 1**.

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backup when the electricity fails. If you are unable to determine what is causing the alarm to ring (steam, smoke or the test button was pushed), the entire system can be temporarily shut off on the circuit breaker panel in the basement. It is on your right as you pass the furnace and the water system. It is clearly labeled.

Room 6 Modernized

In response to surveys that requested reduction of noise, more modern bathrooms and more space, Room 6 was selected to see what could be done to address these problems. Room 6 (the four person room) is now in the final stages of full modernization. The entire space including the bathroom was gutted up to the roof. When the paneling was removed, it was found that the rooms are not separated by framed walls but only by the paneling itself. Walls were framed, insulated, and sheetrocked to separate Room 6 from Rooms 5, 7 and 9 all the way to the roof. A bonus is that these adjoining rooms now have new sheetrocked walls. A standard exterior door, new window and new exterior light were installed. A sleeping loft with stairs was built to accommodate two single mattresses on carpeting. Beds for two people will remain on the lower level. The bathroom was split to an inner and outer area. The inner area has a new angle shower, small sink and toilet. The outer area has a vanity sink.

Kitchen Improvements

A brass wine glass rack and German crystal wine glasses were donated by Dave, the owner of the Maywood Inn. This has been installed above the refrigerators. Stemmed water glasses are to be added soon. It looks great! Please remember to thank Dave when you see him. It is recommended that each person wash their wine glass and rehang it when they are finished with it.

A shelf has been installed on the stove wall for storage of toasters and coffee pots when not in use. Please use it.

The stolen microwave has been replaced by one donated by Don Kessler. Please read the operating instructions on top before pressing all the buttons.

Other House Improvements

A new back door was installed off the linen porch with a new lock that will allow linen delivery to have access to this area only. New hardware was

installed on the interior kitchen door to match the keys of the remainder of the house.

Each room has been provided with a top bunk lamp and lower bunk reading lights.

Screen doors were added to the front door, French doors and Room 9.

The deck was power washed and stained.

GSSC signs were refreshed.

All bedding and curtains were cleaned. All bathrooms were cleaned, broken shelves replaced, drinking cup dispensers provided, and drips fixed. Spiders were evicted with insecticide.

A BIG THANKS to the following people who spent one or more weekends improving our house:

Jill Barbarise	Laura Barber	Anne Benagh
Bob Bossolt	Joe Bilello	Todd Brentnall
John Budka	Cliff Carlson	Jackie Carlson
Steve Corris	Gerardo Diaz	Julie Donnelly
Dave Elbaum	Mark Eugster	Joann Giles
Chris Harnett	Don Kessler	Maureen Lent
Jean Meyer	Bob Mosher	Joan Most
Vince Paruta	Tracy Perrine	Rob Sinclair
Walter Sohigian	Rich Stroem	Pat Waltke
James Wright		

It is not too late to get in on the fun and make new friends while working on the Vermont house. To get on the list for a future work weekend call Rob Sinclair (445-6834), who is coordinating staffing for work weekend projects. P.S. if you don't think a work weekend can be fun just ask one of the people on the above list.

Expanded Season at the Vermont House

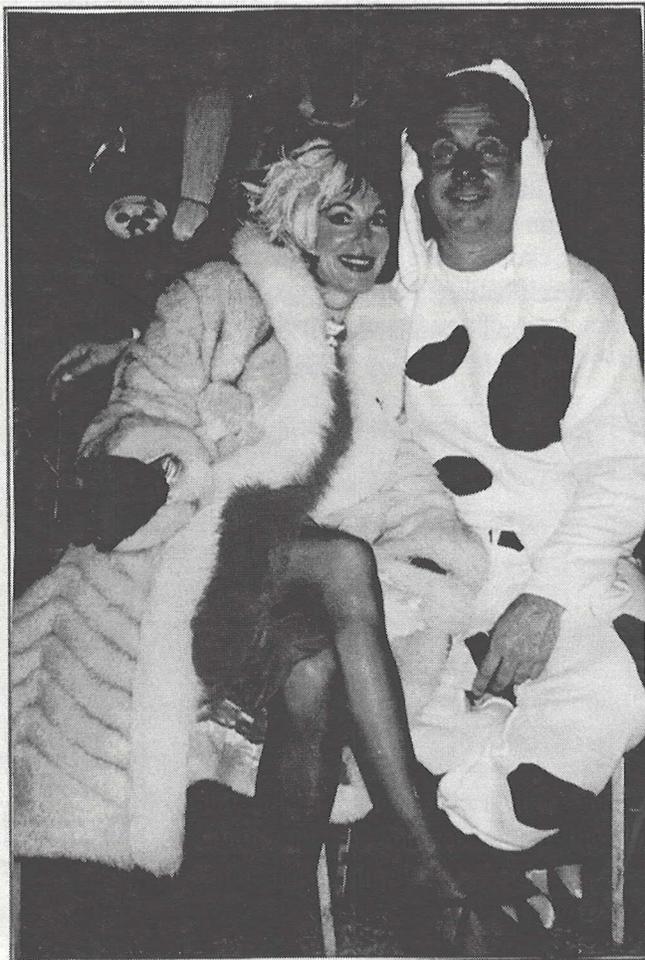
This year we had another expanded season at the Vermont House, beginning after the fly and mud season on Memorial Day weekend with bicycling, and continuing through the summer with several golf outings. The end of the summer was celebrated with another bicycle weekend and a visit the State Fair in Rutland. Another Road Rally was held in Vermont on the first weekend in October where everyone enjoyed the glorious New England Fall Foliage. On Columbus weekend another full house

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HALLOWEEN 1997 WILL NEVER BE FORGOTTEN!



Picture courtesy of Mike & Suzanne Tillman



Picture courtesy of Diane LaGreca

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went hiking on Killington trails, bicycle riding, craft fair shopping and ate a lot.

In 1998 we would like to expand our off season activities to include tennis and some concerts in the area. Anyone who would like to help with any social activity at the house please contact Judy Chernofsky.

Your House Committee is Currently:

- | | |
|-----------------|--------------|
| Anne Benagh | 201-445-6834 |
| Bob Bossolt | 201-825-1754 |
| Judy Chernofsky | 914-357-2914 |
| Steve Corris | 201-872-1050 |
| Fred Hotz | 201-641-3844 |
| Bill Murrell | 201-664-2859 |

If you have ideas that you would like considered in the future please contact one of the above people and share your idea.

Anne Benagh

GUIDE TO SKIER LEVELS

LEVEL	DESCRIPTION	GOALS
Level 1 ●	First time on skis	Walking, straight gliding, gliding wedge, intro to wedge turn
Level 2 ●	Has a few hours on the slopes and can ski in a cautious wedge stance on easiest terrain; can link basic wedge turns	Wedge turns that are progressively more round and rhythmic
Level 3 ●	Skis with a solid wedge turn on easier green trails	Wedge turn exploration and improvement; introduction to wedge christie turns
Level 4 ●■	Skis on all green trails confidently with wedge turns or beginning wedge christie turns (starts in a wedge and matches skis in the fall line).	Wedge christie turns, with progressively earlier matching
Level 5 ●	Skis wedge christie turns on easier blue runs (using a wedge or step to enter the turn, then matching the skis in a wide stance).	Wedge christie turn exploration and improvement
Level 6 ●◆	Skis beginning parallel turns on green trails and advanced wedge christie turns on blue terrain	Parallel turns with simultaneous edge change on green and blue terrain; intro to bumps and easy black terrain

Taken from the PSLA Alpine Manual

NOTE: The GSSC ski instruction program only instructs up to Level 6. After Level 6, it's up to the individual to advance their skiing skills by taking clinics, group lessons, or private lessons, professionally.

HOW DO I SELECT THE CORRECT SKI CLASS?

Be honest in assessing your skill level and talk candidly with ski school personnel to determine which class is right for you. Even after choosing a class, once it has begun your instructor or a ski school supervisor may reassess your skiing and suggest you be placed in another class to give you a better and more appropriate learning experience. If it's a lower class, you may find yourself battling with your ego for self-respect; best to defer to your best interests and admit your skiing lacks some of the basics, which the trained eye of the instructor identified when he or she watched you ski. It is odd that these deficiencies may exist even though we may not recognize or feel them in our skiing.

If you have trouble with one level of skills (e.g., making parallel turns on smooth terrain), don't try to get into a higher level class (e.g., parallel turns in all terrain) for the challenge of it, even if your friend or spouse does. Why? Because you'll have the tendency to rely on slope survival tactics instead of skiing skills when exposed to upper level challenges and drills. The search for a challenge is the wrong reason to take a ski school class.

HOW TO GET THE MOST OUT OF SKI SCHOOL CLASS...

First, go into the class (clinic or race camp) with the attitude that you're supplementing your skiing by giving yourself opportunities to refine your skills through recognition, exposure, and guidance. If it's early in the season, you may want to use the class to get reacquainted with your skis and the basics of your level of skiing. If you're adventurous, consider taking classes to study the condition of the day.

For example, you're deficient in powder skills, and it's a day with new-fallen snow. Most of the upper level classes will concern powder or, at least, deal with powder skills. This is a perfect day to take a lesson to work on your powder skills. The same concept holds true for other conditions.

The important message is to make ski school classes work for you. Use them to complement your

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efforts to solve the recognized problems in your skiing. Be open to those other problems in your skiing that are revealed to you by an astute instructor or merciless video. Videos are sometimes ruthless intrusions into our fantasy world about how we see ourselves skiing. If you can overcome the tendency to remember how awful you look and concentrate on the areas of skill improvement, videos are an excellent tool to help you achieve greater performance in your skiing. If, however, you weaken for a moment, videos can devastate even the sturdiest of egos and give you the wrong mental images with which to go skiing.

Ray Owens

GLOSSARY OF SKI TERMS

Braking Wedge. Skiing with the skis in a convergent position (tips closer than the tails) with sufficient edge engagement to slow or stop the skier.

Christie. A turn in which the skis skid on corresponding edges (both left or right edges of the skis).

Fall Line. The fall line is the path on which a ball would roll if it were released down the slope.

Gliding Wedge. When the skis are moving in a convergent position yet with little friction between the edges and the snow.

Matching. Moving the skis toward a parallel relationship from a wedge position. Skiers match their skis to initiate the christie phase of the wedge christie turn.

Parallel Turn. A turn made on corresponding ski edges. It may be more or less carved, depending on the skier's intention and skill.

Sideslipping. A method of moving down the hill with the skis perpendicular to the fall line.

Side Step. A method of moving up the hill. With skis across the fall line, the skier steps up sideways, one ski at a time.

Turn Shape. The form of the turn arc (the exact path the skis travel through the turn). The skier creates turn shape with the unique combination of balancing, rotary, pressure control, and edging movements. Turn shape reflects the skill level of the skier and indicates the timing, intensity, and duration of the skill movements.

Wedge-Christie Turn. A turn that begins with opposing edges (wedge) and finishes with a skid, resulting in corresponding edges (parallel).

Wedge Turn. A turn with skis in a converging position, with the skier maintaining opposing edges throughout the turn.

SUNSHINE
SKIS

Congratulations to **Bonnie** and **Mike Huston** on their upcoming blessed event. This baby will be the third generation of skiers in the Daubenberger and Huston families.



Congratulations to **Vinnie Rovito** and **Nancy Smith**, who were married on November 1, 1997. No...this is what they wore to the rehearsal dinner!!



Photo courtesy of Isabella Micheels

AUTUMN'S SONG

I stand,
 Dwarfed by the mountains.
 The morning chill and mist lifts.
 Indian summer's warmth
 Seeps down to my bones.
 Autumn's imprint of color,
 Brilliant splashes of red, orange and gold tones,
 Stand out against the green rolling hills.
 Empty ski trails cut through to the mountain tops.
 Pumpkin picking signs
 Enticing all to come
 And pick out their best
 to carve, to paint.
 Memories stir
 With the aroma of apple pies,
 Apple cider and apple picking.
 Corn stalks and bunches of Indian corn,
 Scarecrows and headstones adorn,
 Haunted mansions.
 Haunted hayrides.
 All are part of Autumn's song
 That segue to Halloween
 When witches, goblins and ghosts roam the scene.
 Seasons change.
 Autumn's crisp, colorful song
 Fades into winter's sparkling melody.

Barbara Johnson
 10/4/97

11/4/97

...Just a note to say "thank you" to the GSSC. ... "Thank you" for introducing me to such nice people!

A year ago I joined GSSC and, since then, have made some very meaningful friendships with a number of people (you know who you are)! I've enjoyed the ski trips, barbecues, the Summer Olympics at Isabella's with my "purple" team, the Dude Ranch, and, most recently, the Halloween party! These "special friends" have been there for me especially in times of need — to listen and to talk to me when I needed just that, and keep me company when I was alone. I've enjoyed my Tuesday nights at the Maywood Inn. Sometimes it's been the highlight of my week.

I appreciate my new-found friends from the bottom of my heart. Recently, a few of us celebrated our "nearby" birthdays together — Dennis Bonomolo on 10/27, Rich Bettini on 10/29, and mine on 11/3. We had dinner and wine together with other friends of ours from the GSSC. Thank you all so very much.

The best thing I've done in the last year was to join this ski club. I urge all new members to join in activities scheduled throughout the year. I promise that you, too, will make "special" friends to cherish just as I have. Thank you GSSC!

With Love & Affection
 Diane LaGreca



Picture courtesy of Diane LaGreca

1997 Car Rally at Vermont House

Beating the weather of the previous year's car rally is going to be a hard thing to do--this year's event was on a warm, relatively sunny day, but the crisp autumn-like day of 1996 was not on the agenda. It was, however, about 2 days shy of foliage peak on the Vermont mountains and the ralliers were in for a colorful treat.

Only seven cars made it to the starting block but there was a nice mix of rally champions, veterans, (still looking for a win), and newcomers to the sport. What happened after the cars began heading north on route 7, (except for the winning couple, Steve Corris and Maureen Lent), apparently was nothing short of bedlam. How many freezers do you think are in Jewitts? When he says bear left, does he mean here? My God, we're in the middle of nowhere!

Well the nice old man at the Hubbardton Battle Museum hadn't seen this many visitors in the span of two hours in quite some time. But he had a great time helping stressed out Garden Staters find the answers to historical facts, found in buried wall literature. On the way there, two cars passed each other going in opposite directions--three times!

Then there's the story about car #2 that was headed for Albany before they realized they were in the wrong state. The scary thing is, they were

finding answers to all the clues! Well, maybe we got an early jump on next year's rally. Bob Gimpel thought he had it all figured out when he happened upon a cattle crossing sign. See, he figured he would wait there until the cattle actually started crossing the road. Then he would take off, blocking the car behind him. (I don't think it worked.)

Everybody did eventually find the finish line, a cozy little restaurant in Ludlow. A couple of the cars used the bailout envelopes, probably saying something like "screw this!" I think what kept them going was knowing they would have a chance to ring the organizer's neck (me), when they got there. Barbara Johnson helped out with the scoring, and her other job was to protect me from angry finishers, laying down her life if necessary!

After we all consumed booze and food at Characters the stress level went down and the laughter went up. (I was able to leave unharmed.) Best of all--everybody who started the day as part of a couple ended that way--I think. We all had fun watching Jeannie McDonald try and blow out trick birthday candles on her cake. I wonder whose idea that was?

Congratulations to the winners!

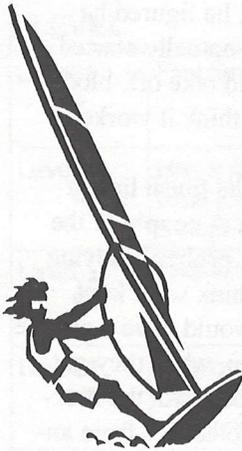
- 1st - Steve Corris and Maureen Lent
- 2nd - Dennis and Pat Young
- 3rd - Bob Gimpel and Jeannie McDonald

Cliff Paino



Photo courtesy of Barbara Johnson

GSSC DOES LAKES BAY, NEW JERSEY



Chop Hop, Wind Clock, Speed on the Reach, Bow and Arrows and Duck Jibes. These were a few of the new terms that Jim Fitzpatrick, Shelley Mehlman, Tom Dempsey, Ken Levins, Ann Costello, and I learned when we traveled to South Jersey in late September to expand our windsurfing skills. With cars and Sports Utility Vehicles loaded to the gills with wetsuits, sailboards, booms, masts, bathing suits, sunscreen and beach chairs plus numerous stacks of dry clothes, we trekked to the beautiful shores of Lakes Bay, due west of Atlantic City.

Our first thrill was realizing that the run down motel we first passed along the Black Horse Pike named the "Hampton Motel" was not our final destination at the Hampton Inn. If you've ever been to the AC area and seen some of these places, you can understand our sigh of relief. We were pleasantly surprised to find the Inn a modern, comfortable and "personable" location, where the manager displays numerous collectibles for all to enjoy.

Just like with skiing, it's important to understand the theory as well as the practical parts of the sport. So for three days, we were exposed to the theory of wind, gravity and the graceful art of falling into your sail. Each segment included a lecture on land and then practical application in the water, which was just 50 yards from our sleeping accommodations at the hotel. Great when you forgot some vital piece of clothing or equipment or just needed to warm up in your room or use the facilities.

Our instructors from ABK Sports were extremely informative, friendly, and patient, never giving up on finding another way to explain a point to you

or have you try a different technique. Most of them were teaching for over 10 years and many had achieved feats in the professional world of windsurfing. And with our wetsuits on, you quickly forgot that the water was warmer than the air and easily became comfortable, concentrating on the highlights of the last seminar.

With lunch provided each day shore side, we were able to maximize our time in class and on the water and keep warm. And knowing that Denise Mehlman and Barbara Dempsey were there for tactical support and lots of backrubs reassured us that the end of the day would be satisfying as well. We even found time to enjoy the home cooked cuisine of Denise's Mom and Dad at their dining establishment, The Log, a short distance from the hotel.

Each day ended with a video playback of the water exercises with critical commentary provided by Andy, the lead instructor. These served as a time to laugh a little, while reinforcing the right things to continue to do and the bad habits to stop. And the Saturday group dinner afforded us the opportunity to get to know the instructors and fellow classmates on a more personal note with the rigors of windsurfing class left behind for a few hours.

All agree that we're better windsurfers today than we were before and that the experience was a good value and lots of fun. We hope to pursue additional instruction next spring and welcome all to join us. ABK does offer "never evers" (to use a skiing term) classes as well. The local windsurfing shop "Extreme Windsurfing" or ABK had truckloads of equipment, so you can go the "valet" route if you want to try some new equipment or just treat yourself. Let Ken Levins or any of the other members of the group know of your interest and we'll gladly add you to the mailing list and include you in our future plans. See you in the spring!

Pat Levins

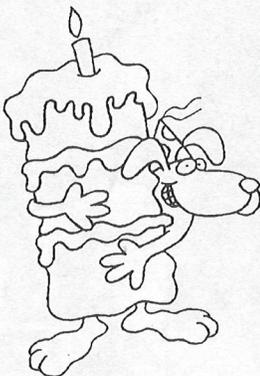
DUDE RANCH 1997 MEMORIES...



Photos courtesy of Diane LaGrecia

HAPPY BIRTHDAY!!

James Kalka	Dec. 1	Barry Schwartz	Jan. 5
Victoria Hughs	Dec. 1	Todd Darinzo	Jan. 6
Christopher Weigl	Dec. 2	Gary S. Hurban	Jan. 6
Martin Haas	Dec. 2	Bonnie Daubenberger	Jan. 6
Steven Corris	Dec. 4	Richard Taylor	Jan. 6
JoAnne Kern	Dec. 4	Maureen Griffin	Jan. 8
Craig Foote	Dec. 5	Agnes Mundal	Jan. 8
Chris Costescu	Dec. 7	Kathy Rhinesmith	Jan. 9
Marilyn Pastore	Dec. 7	Russell Biss	Jan. 10
Andrea Kline-Reeves	Dec. 9	Mary Ann Laskay	Jan. 11
William Brough	Dec. 10	Karen Woodward	Jan. 11
Peter Gisler	Dec. 11	Louis Mortaro	Jan. 12
Ellen Lansdowne	Dec. 11	Arthur B. Brite	Jan. 13
John Portal	Dec. 11	Marge Lesica	Jan. 17
Maureen McDowell	Dec. 12	David Bakofen	Jan. 17
Douglas Olson	Dec. 13	Bob Janney	Jan. 17
Steven Simon	Dec. 13	Kathleen Andrews	Jan. 18
Stacy Courtwright	Dec. 14	Anthony Carbone	Jan. 18
Al Scardino	Dec. 15	Bill Murrell	Jan. 18
Mark Eugster	Dec. 16	Bonnie Krepliak	Jan. 18
Clifford Paino	Dec. 17	Patricia Moore	Jan. 18
Walter Goldenbaum	Dec. 18	Michael O'Keefe	Jan. 19
Stan Wojtko	Dec. 20	Lisa Fadini	Jan. 20
Carol Erickson	Dec. 20	Myke Leshowitz	Jan. 21
Michael Galemba	Dec. 20	Stanley Sharaga	Jan. 22
Cynthia Soma	Dec. 20	Terry Dunn Egan	Jan. 23
Denise Ragno	Dec. 21	Roseanna Reese	Jan. 23
Lauren Terach	Dec. 21	Jan Rosenberg	Jan. 26
Bruce Fisher	Dec. 22	Paul Tracy	Jan. 26
Vicki Waltz	Dec. 22	Anne Cronin Lomauro	Jan. 26
Nasar Mahmud	Dec. 24	Carol Jordan	Jan. 27
Laura Barber	Dec. 24	Cameron Blaikie	Jan. 27
Bob Rosen	Dec. 24	Karen Stachowicz	Jan. 27
Pat Levins	Dec. 24	Maryann Gregorio	Jan. 28
Carol Oxley	Dec. 24	Joan Most	Jan. 28
Thomas Golabek	Dec. 24	Anne Benagh	Jan. 28
Thomas Mau	Dec. 26	Charles McKearnin	Jan. 29
J.P. Ferrone	Dec. 26		
Peter Sucato	Dec. 27		
Jacqueline Dejean	Dec. 28		
Peter Cavallo	Dec. 29		
James Minaya	Dec. 30		
Diane Rubino	Dec. 30		
Joseph Bukowski	Dec. 31		
Cherine Acoury	Jan. 1		
Dee Rigg	Jan. 1		
Marian Sepede	Jan. 3		
Thomas Missonellie	Jan. 4		
Bernice May Reesbeck	Jan. 5		



CLASSIFIED

FOR SALE: Cross-Country

Ski Package

Skis: Karhu 195 cm
Boots: EMS 42 (9)
Poles: Exel 130 cm

\$75. Call Susan at (201)
461-7364 after 6:00 p.m.

FOR SALE:

Ski Rack

\$10, for a car, not a "SUV"

Men's Skis

Rossignol Viper S with
bindings, 193 cm
\$350

Contact Pete Sternfels

SKI INSTRUCTION



GSSC's very own ASIA instructors, Peter Gisler and Ray Owens, will be coordinating one of ASIA's (Amateur Ski Instructors Association) weekend programs for Skiing Improvement, Mogul Introduction, and Mogul Improvement on February 28 through March 1, 1998 at Bellayre Mt., New York. If you are interested in this or other ASIA sponsored programs, please see either Pete or Ray.

WELCOME TO OUR NEW MEMBERS...

REGULAR MEMBERS

<u>August</u>	<u>September</u>
Nancy Smith	Joe Cifune
William Slinn	Ellen Strathy

<u>October</u>	
June Bodansky	Joseph Mellusi
Doug Olson	Walt Sohigian

PROVISIONAL MEMBERS *

<u>August</u>	<u>September</u>
Mibbs Nukk	Pat Neary
Sunny Bard	Mary Claire Coston
Marian Sepede	

<u>October</u>	
Pat Dougherty	Neil Driscoll
Michael Huston	Roberta Lichtman
Margaret May	Lisa Miller
Karen Sadowski	Helen Steblecki
James Wright	
Brigitta von Guloren	

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It is not to be given to other individuals or used for commercial solicitations.

REGULAR MEMBERS

Doug Olson	914-357-9355
Joseph Mellusi	718-823-4672
Walt Sohigian	212-568-2005

PROVISIONAL MEMBERS

Pat Dougherty	201-592-0138
Neil Driscoll	201-405-1814
Michael Huston	201-886-2211
Roberta Lichtman	201-794-0085
Margaret May	201-848-9857
Lisa Miller	201-944-7973
Karen Sadowski	201-845-3383
Helen Steblecki	201-451-1139
James Wright	201-791-8544
Brigitta von Guloren	201-405-1814

This is a list of those names that are not listed in the club directory. The section can be cut out and taped, stapled, or glued into your directory.



The next issue of the Liftline will be published in mid- to late January 1998. Please see Sue Amdur if you have any articles, poems, pictures, etc. for inclusion in that issue, or if you have any ideas or comments for the Liftline.

GARDEN STATE SKI CLUB RACE RULES FOR 1997-1998

GENERAL

1. All racers must be club or associate members on the day of the race.
2. There are three race categories: Club, Double Combined and State races. The Club and Double Combined races each have 18 individual awards presented by the Race Committee (1st, 2nd and 3rd places in A, B and C classes for men and women). Classification rules vary for each race category.
3. Each first or second place tie eliminates the next available lower place trophy in a class.
4. If a racer falls or loses a ski before the first gate, a restart is allowed. If the racer loses a ski within 2 gates of the finish line the racer may complete the race on one ski. Each racer is allowed two runs.
5. All protests of any type must be made the day of the race and will be mediated by the Race Committee and any board member present.

CLUB RACES

1. There may be up to 9 Club races. Scheduling is determined by the Race Committee.
2. Racers are classified as A if they average within 10%, B if they average within 20%, and C if they average over 20% of the fastest racer of their sex. If none of the top racers are present for a race or if too fast a racer is present, the pace is set using other racers plus their handicap to keep all races as equal as possible.
3. Racers with 3 or more races in the previous 2 years will be pre classified.
4. Racers not pre classified will be classified based on this year's times and or any available times from the previous two years. The Race Committee can classify a racer at any time based on their own discretion.
5. Once a racer is classified they will remain in the same class for the balance of the ski season.
6. A racer can move up a class if they request it prior to their first race.
7. B or C racers automatically move up a class in the following year if they: A) win two consecutive first place Club trophies or B) have won any Club trophy and have times for a higher class. Qualified racers who do not win a Club trophy are not automatically moved up.
8. A and B racers with 3 or more eligible races and no trophy will go down 1 class the next year if times are for a lower class.
9. To compete for a Club trophy, a racer must have qualified in at least 3 races.
10. The best time will be used to determine the points awarded within a class. First place is awarded 10 points, second place is awarded 9 points and so on.
11. Club trophies are awarded by class to racers with the highest cumulative points from their 3 best races. For tie breakers the next best race point is added in (a racer may need more than 3 races.)

DOUBLE COMBINED RACE

1. This is a single day race event. Maximum club participation is encouraged in this "for fun" race.
2. There are two events; the Slalom and the Giant Slalom races. The racers best times in both races are added to produce a combined time and their overall position.
3. Club classifications are not used for this race. Qualified racers are classified by sex as: A if they are in the fastest third, B if in they are in the next third and C if they are in the slowest third. If class sizes can not be equal, C then B classes will be larger.
4. Double Combined Trophies are awarded to racers with the fastest combined times for a class.

STATE RACE

1. The GSSC Race Committee invites racers to be Club representatives at the State Race.
2. Lift tickets are supplied by the Club since this is a full day commitment.
3. Classifications are determined by the Race Committee and vary depending on availability of participants. Up to 2 teams of men and women may be selected.
4. Additional rules are provided by the NJ Ski Council.

1998 GSSC RACING

**MEN
CLASS 'A'**

Cliff Broder
 Peter Broder
 Mike Burney
 John Cholin
 Lou Cizek
 Chris Costescu
 Todd Darinzo
 Gary Ehrich
 Robert Fritz
 William Jones
 Hugo Lopez

**WOMEN
CLASS 'A'**

Cherine Acoury
 Bonnie Daubenberger
 Joan Most
 Eileen O'Connor
 Kathy Rhinesmith
 Karen Stachowicz
 Kathy Visich

**MEN
CLASS 'B'**

Guido Boggio
 Todd Brentnall
 Jim Fitzpatrick
 John Friscia
 Bob Gimpel
 Peter Gisler
 Paul Karner
 Aaron Kellner
 Ken Levins
 Bob Marino
 Joe Mellusi
 Thomas Murante
 Vinnie Rovito
 Anthony Scott
 Stanley Sharaga
 Mitchell Stachowicz
 Lew Strauss
 Michael Tillman

**WOMEN
CLASS 'B'**

Dianne Bukowski
 Ann Costello
 Joy Daubenberger
 Cheryl DiLauri
 Nancy Kaetz
 Lucille Kirk
 Pat Levins
 Margaret O'Brien
 Louise Quindazzi
 Karin Rego
 Nancy Rider
 Laurie Schwarcz
 Janette Selino
 Eileen Stolarz
 Annette Tuman

**MEN
CLASS 'B'**

Bruce Babcock
 Rich Bauernfeind
 Joe Bukowski
 Michael Carr
 Joe Cifune
 Steve Corris
 Ed Elbaum
 Ed Ellis
 Mark Eugster
 John Fatuzzo
 Bruce Fisher
 Doug Healy
 Gary Hurban
 Bill Pius
 Michael Portal
 Rob Sinclair
 Bill Slinn
 Peter Sternfels
 George Story
 Steve Willcoxon
 Dennis Young

**WOMEN
CLASS 'C'**

Toni Ahrens
 Nancy Asdal
 Anne Benagh
 Patricia Braun
 Judy Chernofsky
 Emily Eastwick
 Rita Fritz
 Joanne Fromme
 Joanne Geils
 Micki Goldberger-Levine
 Joan Hurban
 Maryann Laskay
 Maureen Lent
 Jean Malzone
 Lorraine Marino
 Kathy Melody-Murante
 Isabella Micheels
 Celia Moeller
 Pat Parker
 Joanne Peterson
 Teresa Rissmeyer
 Cynthia Soma
 June Sternfels

In the last, but certainly not least, department...

As the 1997-1998 SKI season begins, this is a reminder to skiers on how to prepare for the ski season and to remind non-skiers why they do not ski.

10. Visit your local butcher and pay \$30 to sit in the walk-in freezer for half an hour. Afterwards, burn two \$50 dollar bills to warm up.
9. Go to the nearest hockey rink and walk across the ice 20 times in your ski boots carrying two pairs of skis, accessory bag and poles. Pretend you are looking for your car.
8. For ski boot simulation at home, put a pebble in your street shoes and tighten a C-clamp around your toes.
7. Buy a pair of gloves and immediately throw one away.
6. Go to McDonald's and insist on paying \$6.50 for a hamburger. Be sure to wait in the longest line.
5. Clip a lift ticket to the zipper of your jacket and ride a motorcycle fast enough to make the ticket lacerate your fact.
4. Drive slowly for five hours - anywhere - as long as it's in a snowstorm and you're following an 18-wheeler.
3. Fill a blender with ice, hit the pulse button and let the spray blast your face. You'd almost believe you're skiing in front of a snowmaker!
2. Dress up in as many clothes as you can and then proceed to take them off because you have to go to the bathroom.
1. Repeat all of the above every Saturday and Sunday.

Submitted by Judy Chernofsky

Garden State Ski Club
P.O. Box 210
Paramus, NJ 07652