

SKI
SCHEDULE
REVISIONS
INSIDE

Liftline

The Official Newsletter of the Garden State Ski Club

NEW JERSEY ROAD RALLY RALLIES 'EM ALL



Over 65 members and their guests turned out to compete in GSSC's road rally that toured Bergen and Passaic counties. 1st place went to the four-some of **Bob Tardio**, driver, **Bob Gimpel**, **Dennis Latrella** and **Barbara Johnson**. 2nd place was awarded to **Maureen Lent** and **Steve Corris**. Many thanks to **Barry Fields** for a challenging and fun tour and great eats and drinks at Tommy Wah's mother's place. You know, the kick boxer and film star! . . . Give up?

Photo Credit to K. Levins

The Mahwah Bar and Grill

GSSC Instruction Day Saturday, January 8, 2000 Windham, NY

A full-day of complimentary skiing lessons for all provisional and regular members from beginner to intermediate levels. Instruction by GSSC's own ASIA certified instructors.

Purchase your discount ski lift ticket from **Roz Armentano** before and after the meetings. Those interested in car pooling should contact **Pete Bellin** at 914-357-8941.

Questions, see **Ray Owens** at 201-986-1156.

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OFFICIAL BULLETIN BOARD . . .

NO REGULAR MEETING
ON TUESDAY,
DECEMBER 28, 1999

HAPPY HOLIDAYS AND
A SAFE NEW YEAR !

Many thanks to the
retiring Vermont House
Board Members:

Anne Benagh
Steve Corris
Bill Murrell

Congratulations to the
new Vermont House
Board Members:

Maureen Lent
Scott Lincks
Joe Mellusi

MEMBERSHIP MEETINGS

January 11 and February 8, 2000

Regular Members - 7:15 p.m.
Provisional - 7:30 p.m.

1999-2000 CLUB OFFICERS

President	Kevin Feehan	201-622-7652
Ski V.P.	Mike Burney	914-352-2789
Lodge V.P.	Fred Hotz	201-445-6834
Social V.P.	Carol Alesso	201-828-2047
Secretary	MaryAnn Kurus	201-445-6834
Treasurer	John Friscia	973-839-3567
Senior Del.	Carol Jordan	201-659-1972
Junior Del.	Margaret O'Brien	201-262-0544

SKI:

Bus Trips	Bruce Fisher
Cross Country	Ron Vitale
Instruction	Ray Owens
Racing	Mark Eugster
Ski Tickets	Roz Armentano
Snow Reports	Joe Mellusi
NJ Ski Council Liaison	Dennis Young

VERMONT LODGE: (Phone: 802-773-9717)

LODGE TRUSTEES: Fred Hotz, Bob Janney,
Maureen Lent, Scott Lincks,
Joe Mellusi and Vince Paruta

RESERVATIONS: Maureen Lent

ADMINISTRATION:

Welcoming	Ed Ellis	
Orientation	Kevin Feehan	
Membership	Susan Amdur	973-283-0845
Auditor	Stan Sharaga	
Parliamentarian	Fred Hotz	

COMMUNICATIONS:

Lifeline Editor	Pat Levins
Database Mgt.	Bob Gimpel
Webmaster	Ken Levins
Photography	Vacant

SOCIAL:

Barbecue	John Knierim
Tennis	Rob Sinclair, Ed Ellis
Golf	Wayne Kieser
Hike	Laurie Schwarcz, Ron Vitale
Bike	Ron Vitale, Mike Scgoza

The Garden State Ski Club meets every Tuesday at 8:30 p.m.:
Victor's Maywood Inn, 124 West Pleasant Ave.
Maywood, New Jersey 201-843-8022

Membership Meetings are held 2nd Tuesday of each month:
7:45 pm - **Regular** Member Applicants
7:15 p.m. - **Provisional** Member Applicants

MEMBERSHIP HOTLINE: 973-478-8722

WEB SITE www.gardenstateskiclub.com

SUNSHINE



Congratulations to **Dennis Young** for completing his 1st NYC marathon!

... SOCIAL NEWS

Wedding Announcements:



Nancy Asadorian
Kathy Rhinesmith and Jeff Reisinger
Mary Loughran and Michael Hortense
Lucille Kirk and Hugo Lopez



Get well wishes to **Steve Willcoxon**, who's recovering from rotator cuff surgery.

Our sympathy goes out to **Dennis Young**, whose brother passed away in November.

RAINY DAYS

GARDEN STATE SKI CLUB
WOULD LIKE TO THANK
THE FOLLOWING MERCHANTS
FOR THEIR GENEROUS CONTRIBUTIONS
TO OUR ANNUAL DECEMBER SNOWBALL.

PLEASE PATRONIZE THEIR BUSINESSES!

- Agnello Travel, Hawthorne
- Air Express, Glen Rock
- Fratelli's Restaurant, Ridgewood
- Health Spa II, Paramus
- Holiday Inn, Montvale
- Il Monello Restaurant, Midland Park
- Massage by Antonio Moreano, Ridgewood
- New Lock Hand Car Wash, Rochelle Park
- Offray Ribbons Company
- Ridgewood Cycle Shop, Ridgewood
- Ski Barn, Paramus
- Transformations, Ridgewood

Music Featured By DJ Scott Reddin

SKI ACTIVITIES . . .

- ◆ NORDIC KICK-OFF
- ◆ PRESIDENT'S WEEKEND
- ◆ VERMONT HOUSE LODGING



NORDIC KICK-OFF - HIGH POINT, SUSSEX COUNTY, NJ

Cross country skiing and complimentary beginning instruction by GSSC's own certified instructors .

Sunday, December 26, 1999

Contact: Pete Gisler for information and directions (201-576-0815)

STOWE MOUNTAIN - VERMONT

Long weekend bus trip includes transportation, lodging, lift tickets, breakfasts and Saturday dinner.

Friday—Monday, February 18-21, 2000

Contact: Rita Agnello for information and reservations (973-427-2699)

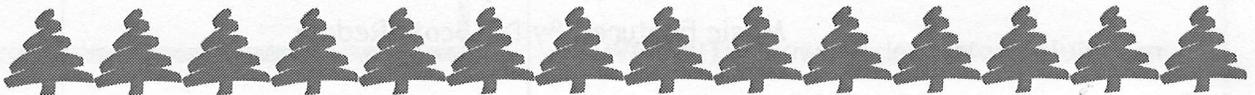
VERMONT HOUSE SHARES

\$175 - 5 weekends and 10 weekdays
See Fred Hotz for details.

VERMONT LODGING RESERVATIONS

Only \$40 per person per weekend
Linen and continental breakfast included.

Contact Maureen Lent at meetings or at home (973-872-9555)
to reserve a bed and obtain a key.





... SKI ACTIVITIES

- ◆ BUS TRIPS
- ◆ RACES
- ◆ LIFT TICKET SALES

	<u>GSSC</u>	<u>BUS</u>	<u>TRIPS</u>	
1	Saturday	Jan 22	Jiminy Peak	<i>OK</i>
2	Sunday	Jan 30	Belleayre, NY	<i>RACE</i>
3	Sunday	Feb 13	Montage, PA	<i>RACE</i>
4	Saturday	Feb 26	Brodie, MA	
5	Saturday	Mar 18	Windham, NY	<i>RACE</i>
6	Saturday	Apr 1	Mt. Snow, VT	

Race Training
January 7, 2000
Hidden Valley, NJ

Annual NJ Ski Clubs
State Race
Saturday, February 5, 2000
Pico, Vermont

GSSC Slalom /Giant Slalom
(Double Combined) Race
Saturday, March 4, 2000
Pico, Vermont
SUGARBUSH

	<u>GSSC</u>	<u>DOWNHILL</u>	<u>RACES</u>	
1	Saturday	Jan 15	Killington, VT	
2	Thursday	Jan 27	Sterling Forest, NY	
3	<i>SUNDAY</i>	<i>JAN 30</i>	<i>BELLEAYRE</i>	<i>BUS</i>
3	Sunday	Feb 6	Pico, VT	
4	Sunday	Feb 13	Montage, PA	<i>BUS</i>
5	Thursday	Feb 17	Sterling Forest, NY	
6	<i>SATURDAY</i>	<i>MAR 11</i>	Killington, VT	
6	Sunday	Mar 12		
7	Saturday	Mar 18	Windham, NY	<i>BUS</i>
8	Saturday	Mar 25	Hunter (NJSC President's Race)	

DISCOUNT LIFT TICKET SALES

KILLINGTON, VT - \$36 OKEMO, VT - \$32 SUGARBUSH, VT - \$30
 HUNTER, NY - \$ 26 WINDHAM, NY - \$ 21

Contact: Roz Armentano (201-387-8969)

On sale from 8 - 8:30 p.m. and after the meeting
 Please make out separate checks for each mountain.



FALL ACTIVITIES...

HALLOWEEN PARTY ATTRACTS SPIRITS AND SOME CELEBRITIES By Pat Braun

BOYS AND GHOULS of all demeanor gathered at the Midland Park Fire House on October 30th for GSSC's annual fright fest. Co-hosted for a 2nd year by **Denise Mehlman and Pat Braun**, this year's party drew over 100 people.



and powdered wigs were **Monique Anastasio, Bob Bossolt, Pat Neary, Margaret O'Brien and Gary Wolf**. It couldn't have been easy to be a judge due to all of the innovative costumes, but our magistrates rose to the occasion.

As usual, the costumes were creative: Popeye and Olive Oyl, voluptuous Lady Godiva, sinful Father Woody and Sister Mary Mammary, timely Y2K "bugs", creative **Bob Gimpel** as a rubber plant, clever walking real and decaf tea bags, and sexy (Did you see those legs on Shelley Mehlman?). In addition to imaginative decorations (thanks to **Candy Kelly**), DJ Bob Picone provided music till 1 o'clock in the morning for our dancing pleasure.

The following are the categories and the winners:

- ◆ Best Couple: **Pat Braun/Hank Mazzucca**
- ◆ Sexiest Person: **Carolyn Korus**
- ◆ Most Original: **Vince Paruta**
- ◆ Scariest: **Bernice Reesbeck**
- ◆ Funniest: **Shelley Mehlman.**

Thanks go out to EVERYONE who helped make the 1999 Scare Bash a success — especially the large group who helped clean up at the conclusion. Start thinking about your costume for next year.

Following a parade of costumes past our panel of judges, prizes were awarded. Donning judicial robes

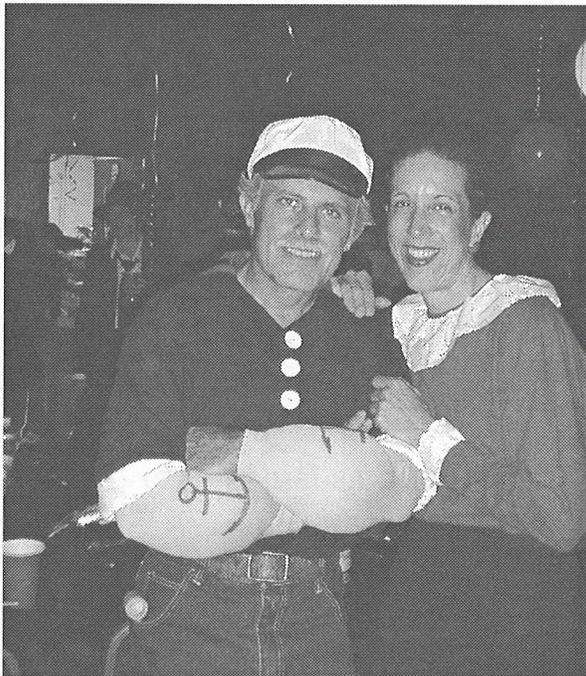


Photo Credits to V. Paruta



Celebrities making a guest appearance: Popeye and Olive Oyl. Check out those muscles! Elvis (jowled and portly as he was shortly before he departed from this earth).

For pix of the non-celebs, check out the photo section of our website at www.gardenstateskiclub.com.



... FALL ACTIVITIES

DUDE RANCH SNAPSHOTS

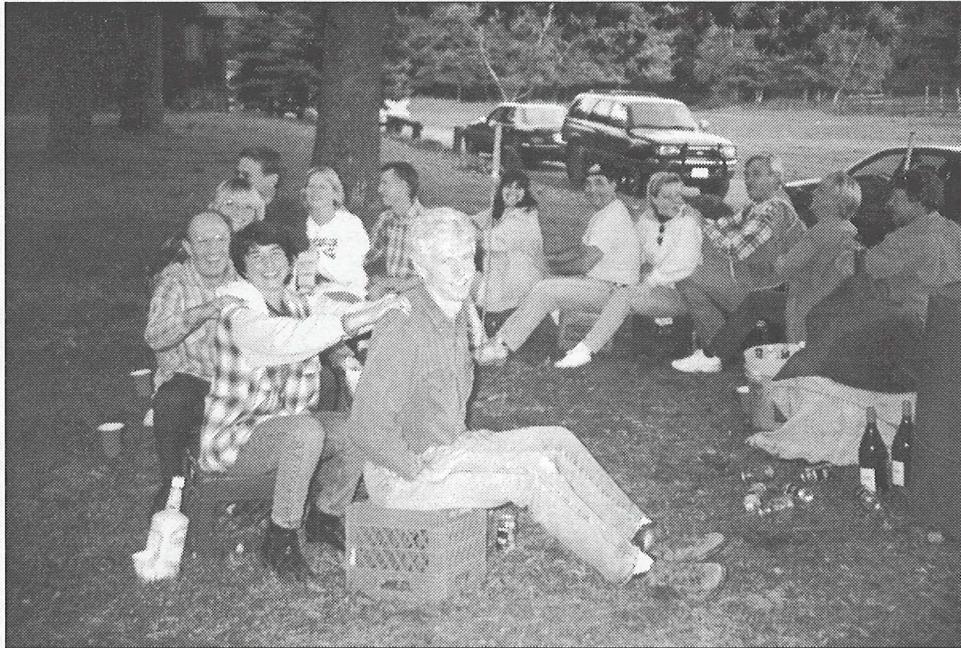
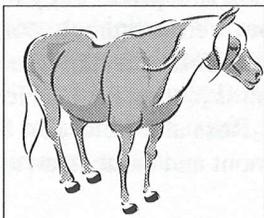


Photo Credits to D. Lagreca

Who says the Dude Ranch is just about riding horses! Tired cowboys and cowgirls take a break for a mutual back rub round the ol' campfire!

Guy Boggio, a seasoned guest, guides a willing student through the fine art of drinking your favorite liquor with the help of a huge block of ice and not getting your lips frozen permanently to the surface.



VERMONT ACTIVITIES . . .

TREKING FOR CLUES WHILE VIEWING THE FALL VISTAS

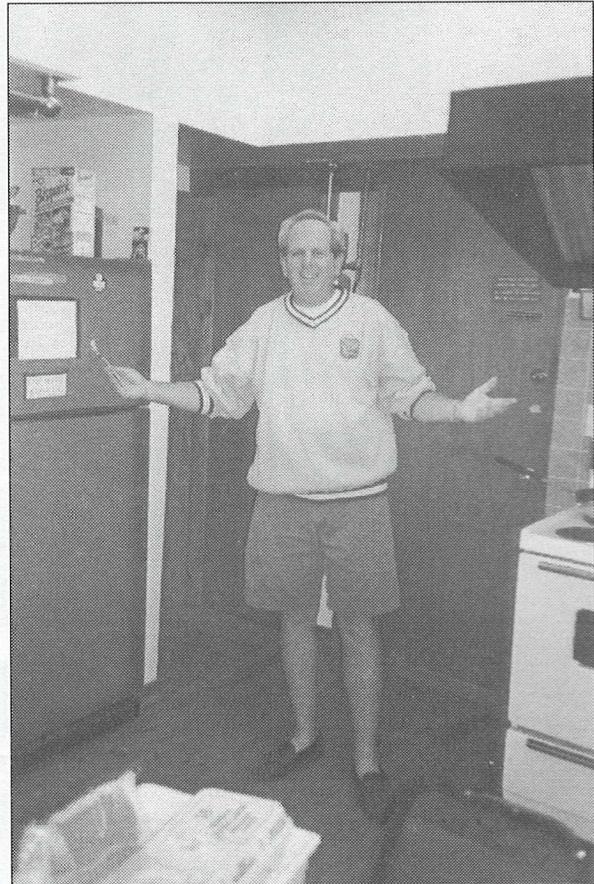
By Barry Fields

GSSC members and guests looked forward to taking to the highways and by-ways of central Vermont on October 2nd for the annual Vermont Car Rally. Six cars were pre-registered with driver and co-pilot to try their best to follow a series of clues while answering questions in their quest to score the most correct answers with the least drive time.

Most of the weekend guests arrived at our ski house around 11 p.m. Friday night. Sitting around the fireplace, it was a great time to meet and introduce some of the new members and guests to the other weekend participants. We had a few beers, drank some wine and munched on some snacks. There was a lot of prying as to what to expect during the rally in the morning, but everyone was assured that all would have a fun time. It was close to 2 a.m. when the conversations ended and people decided that they needed to get some rest. As we left the main house for our rooms, the night was cold and clear; what appeared to be millions of stars added to the beauty of the peaceful Vermont countryside. The stage was set for tomorrow's big challenge.

Mother Nature cooperated with a beautiful day, providing outstanding driving conditions and allowing the participants to gather in the sites and enjoy the Vermont fall foliage. Starting at high noon, the first team to hit the road was **Bob Gimpel and Bob Tardio**. Thank heavens they're not married as we heard there would probably have been a divorce over which direction to drive. (They limped in at 4th place. Apparently they were both wrong.) Next off the line were **Laurie Schwarcz and Joyce Trabatoni**. This was Joyce's first trip to the house. With all the junk in Joyce's car, we figured they would be camping out overnight somewhere. (They managed to come in fifth about forty minutes after the team in 4th place.)

Dennis and Pat Young were the third team to leave and became winners for the second year in a row. This is a great team and seems to have a



knack of being near the top in these events. They only missed one question, finished in the least amount of time and traveled the least amount of miles. (It's time for them to bow out and create a road rally for us so that the rest of us have a fair chance of winning!) They're looking forward to the New Jersey rally, November 14th. (See the related article on Page 1.)

Judy Chernofsky and long-time friend of the GSSC, **Bernice Schwartz**, left in the fourth position and came in 2nd place. These two teachers nearly took first prize. They missed two questions, but were extremely competitive. Next out were **Ross Young** and his fiancée, **Heidi**, (Ross is Dennis Young's son). Never having been to Vermont, Ross and Heidi had a great time seeing Vermont and came in an admirable third.

(Continued on page 9)

... VERMONT ACTIVITIES

Photo Credit to Barry Fields

(Continued from page 8)

Last but not least were **Rob Sinclair and Anne Benagh**. They drove about forty miles more than anyone else and finished about 1 1/2 hours after our 1st place team. We were going to send out the hounds, but they finally arrived in good spirits. Rob and Anne really got to see a lot of the Vermont countryside.

The group ended their journeys at the Catamount Grill and Tavern on Route 4 between Killington and Pico. It has a great bar; the ambiance of the dining room makes it an excellent meeting place. You may want to try it the next time you're at the house. The hosts are very hospitable.

During the ride, several of our teams had an opportunity to talk with strangers as they asked for directions. One such conversation took place at the site of one of the clues. If you're looking for New England type gifts of jams and jellies, Vermont syrup, honey or Vermont cheese, log on to Vermontell/~firehill.com. Laurie and Joyce supplied this information. They spent so much time talking, it's no wonder they came in next-to-last.

The day didn't end at the Catamount. It was back to the house for hot and cold hors d'oeuvres, snacks and all the beer and wine you could drink. The stories about the day's events continued, as it seems everyone had a tale to tell. Obviously Rob and Anne had their share. Meanwhile, two of the club's top chefs prepared dinner. Rob had brought an incredible pasta sauce made in advance and added the final touches for the meal. Dennis took the reins for the other main courses, preparing stuffed pork chops and gourmet Chicken Francais. Just for kicks, there were some double thick lamb chops off the grill and a huge salad. We were just as "stuffed" as we sat by the fireplace, planning our next day's schedules.

Hate to mention food after that unbelievable dinner, but Sunday began with a pancake breakfast, some quiet time and a relaxing morning. By noon, most of the houseguests were ready to hit the road again. Some headed home; some were going art and antique shopping; and a few were still pondering how they missed so many clues. Another fun weekend at the house was over with everyone planning to return again next year.

FEATURE ARTICLE . . .**NOT FOR WOMEN ONLY !**

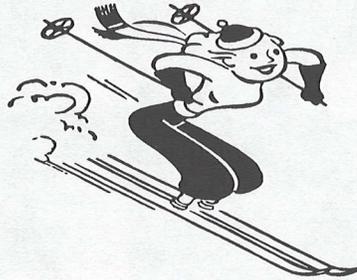
By Ellen Strathy

It was Friday night of Halloween weekend. Some of the girls, **Maureen Lent, Ellen Strathy, Carol Alesso, Anne Cronin, Marita Howald, Margaret O'Brien**, attended a free lecture at Cury's, hosted by Linda and Bill Cury. (Some of the guys also listened in: **Steve Corris, Dennis Bonomolo and Vince Paruta.**)

Jean Thoren was the guest speaker. She is one of the top 100 women ski instructors in the US, and one of the top 25 most influential people in skiing. Her goal is to help women ski better by making their equipment better. Jean is the creator of the "Thoren Theory". As she says "first you fix your tools, then you take lessons and practice."

As we arrived, two massage therapists, giving chair massages, greeted us. What a treat!! As I looked up the stairs I could see a crowd forming. To my surprise there was a wonderful display of food, everything from turkey wraps, cheese and crackers, fruit, wine, apple cider and deserts. This was really great as most of us had come straight from work.

After dinner, Jean began her lecture. She started with a nude side view of a man and woman on skis. What a way to get your attention! The purpose of this was to show us the anatomical differences between men and women *for ski purposes*. Vive La Difference!!!



She explained that women carry most of their body weight on the bottom, and men carry most of their weight on the top. She said, "women are pear shaped and men are upside down pears." She also showed how women's hips are shaped differently.

Jean suggested that subtle adjustments to ski equipment can radically and instantly make major improvements in your skiing. Jean was a wonderful lecturer and stand up comic to boot!! (No pun intended.) At the end of the lecture, prizes were awarded; Maureen came home with a wonderful travel bag on wheels.

We were then invited to sign up for a 1/2 hour consult with Jean that week. I jumped at the chance. What a day! And I mean DAY! Jean examined my feet, hips, and legs. What a job! Then she began tearing my boots apart. This was the beginning of the "alignment process". The ski staff at Cury's assisted her: Tom Rossi, Bruce Adler, Justin Golden, and Liam Schultz. Bill Curry even helped us get our "fit".

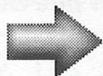
Tom explained the four parts of Jean's alignment process:

1. Custom foot beds
2. Cuff alignment - Gets the leg flowing into the boot properly.
3. Canting - Gets the ski flatter to the ground to get a better edge.
4. Balancing - Puts your weight on the proper part of the ski to get the best balance point.

Having experienced the entire process, I can see that everyone who helped us was well informed and professional. They know their stuff! As they put it, now if I ski badly, it's not the equipment; it's the skier. I believe them. They spent a lot of time with all of us. All I can add is that I really felt they cared about my skiing experience, and I have no doubt that it will be much improved. I was a mess!!

I almost forgot, Vince Paruta, felling in touch with his feminine side, somehow ended up at the fitting also. We will be watching those hips, Vince!!

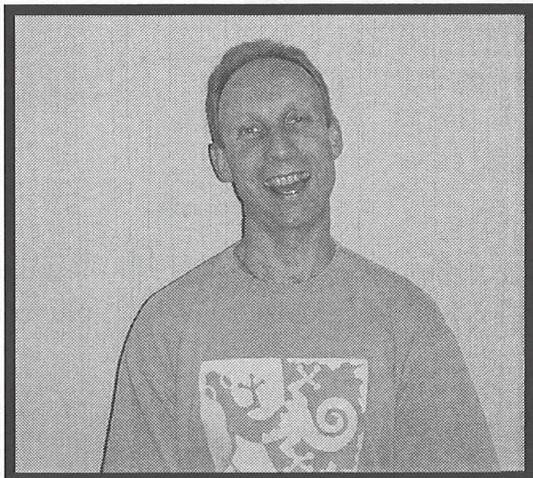
For those who missed this wonderful event, Jean makes a regular appearance on Halloween weekend. Maybe next year you'll be able to see her in person. In the meantime Cury's staff is very well qualified to help you with your equipment. **Now all we need is snow!**



**CURY SPORTS SHOP
ROUTE 17N, RAMSEY, NJ
201-327-457461**

**CURY'S PROVIDES A 10% DISCOUNT
ON SKI MERCHANDISE WITH YOUR
GSSC MEMBERSHIP CARD.**

... WHO'S WHO ?



Scott Lincks just received his professional personal trainer certificate. He showed off his new skills at a recent meeting where he demonstrated various exercises to get in shape for the winter ski season (with the help of his able assistant, Diane Lagreca). Scott's currently works at the US Census Bureau.

Although Scott was coaxed into joining the club, he thinks it's the best move he's made. He is the newest board member for our Vermont House and was on the Snowball Committee.

This avid athletic shares his love of the outdoors with us by organizing many mountain bike trips. Girls, he's still eligible!



Margaret O'Brien is a graduate of the Fashion Institute of Design in NYC. She is employed as a interior designer/salesperson of office furniture in the metropolitan area.

Margaret has been in the Club for over 14 years and has served in a variety of positions, including Social VP, Delegate, and Barbecue Chairperson, and is the organizer of many social events, such as midnight cruises and toga parties. She enjoys Summer activities down the Shore and outdoor music concerts.

Since she is soooo active, it's just impossible for Margaret to be on time.

Isabella Micheels gathered the material for these bios.

WHAT'S YOUR OPINION?

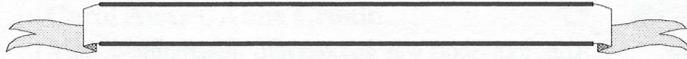
SHOULD SKIERS AND SNOWBOARDERS BE REQUIRED TO WEAR HELMETS?

Share your views with other GSSC members !!!

- ◆ Simply access our website at www.gardenstateskiclub.com
- ◆ Use the New Bulletin Board feature.

NEW MEMBERS & BIRTHDAYS...

WELCOME TO OUR NEWEST MEMBERS !

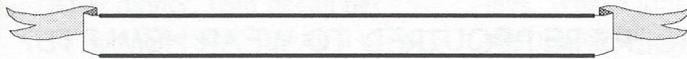


NEW REGULAR MEMBERS

DENISE GABAY
PAIGE HIEMIER
JOHN KELLY
CHRISTA KRAUS
FRAN SHAW
GARY TORIELLO

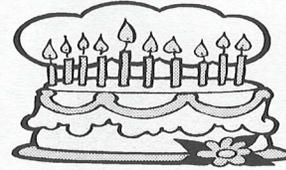
NEW PROVISIONAL MEMBERS

LIONEL CHALIER
LISA GORDON
JOHN GREENWOOD
RENEE GREENWOOD
JOAN GUIARMANA
BOB LAUTMANN
SAL ORTISI
RAYMOND PACE
LUCIA RODRIGUEZ
LYLE SHAW
ALEX SIMON
MICHAEL SMITH



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It is not to be given to other individuals or used for commercial solicitations.



Birthdays of Club members can be found in your GSSC Club Directory.

New members,
John Greenwood, Alex Simon, Raymond Pace, and Lionel Chalier celebrate on
December 18 and 19 and
February 7 and 9
respectively.



Lionel Chalier	201-934-6974
Denise Gabay	201-393-9781
Lisa Gordon	201-666-5099
John Greenwood	201-343-7010
Renee Greenwood	201-343-7010
Paige Hiemier	201-641-2623
John Kelly	908-580-9132
Christa Kraus	000-000-0000
Bob Lautmann	914-735-2350
Sal Ortisi	973-686-0798
Raymond Pace	914-843-6788
Lucia Rodriguez	201-964-1282
Fran Shaw	201-797-6641
Lyle Shaw	201-797-6641
Michael Smith	201-488-2361
Gary Toriello	201-384-0529

This is a list of those names that were not listed in the original 1998-1999 Club directory. The section can be cut out and taped, stapled, or glued into your directory.